

# Insight Energetics

- Energetic tuning, life and wellness coaching
- Truthful life answers, intuitive solutions
- Complete fitness for your body, mind and spirit
- Eliminate negative emotions and unwanted thinking
- Connect to your own insight and spontaneity

*Resolve your life issues, triggers, and choices now!*

It's time for humanity to step out of the darkness of misinformation, misinterpretation, and wrong answers.

Featuring Yuen Method, Reiki, and AFT  
(applied functional tuning).

Call Adam Shiffman for an appointment,  
530-902-1068.

Located in Vacaville, CA.

Appointments are in person, by phone, or e-mail.

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